

Stake in the Ground 2014 / 2015

Name	24-Mar	17-Feb	02-Dec	Best Ever Time	PB - Y/N?	Difference from PB
Chris Davies	00:16:42			N/A	1st Run!	N/A
Lee Bowden	00:16:45	00:17:00		00:16:35	N	00:00:10
Andy Poole	00:17:08			N/A	1st Run!	N/A
Peter Cobley	00:17:34			N/A	1st Run!	N/A
Helena Butler	00:17:48	00:18:04	00:18:42	00:18:04	Y	00:00:16
Claire Wightman	00:17:54			00:18:18	Y	00:00:24
Richard Gee	00:17:59			00:17:43	N	00:00:16
Sally Newman	00:18:21	00:18:35	00:17:29	00:17:29	N	00:00:52
Jon Comyn-platt	00:18:25		00:18:12	00:17:24	N	00:01:01
Jon Allen	00:19:18	00:20:07	00:21:40	00:20:07	Y	00:00:49
Roberto	00:19:21			00:19:37	Y	00:00:16
Dominic Edwards	00:19:31		00:19:28	00:19:28	N	00:00:03
Sandrine Fraisse	00:19:50	00:19:47		00:19:31	N	00:00:19
Shirley Doyle	00:19:56			00:18:45	N	00:01:11
Charlie Barlow	00:20:20	00:18:47	00:18:36	00:18:36	N	00:01:44
Andy Essex	00:20:42			00:19:45	N	00:00:57
David Agnew (new runner)	00:21:57			N/A	1st Run!	N/A
Adrian (new runner)	00:22:03			N/A	1st Run!	N/A
Monica Boland	00:22:41	00:22:48		00:21:35	N	00:01:06
Tony Greene	00:22:48	00:22:59	00:23:07	00:19:31	N	00:03:17
Roy Bradley	00:23:45	00:21:58	00:21:45	00:19:04	N	00:04:41
Jed Finnigan	00:26:38	00:20:39		00:20:39	N	00:05:59
Mark Fuller		00:16:00		N/A	1st Run!	N/A
Richard Sample		00:17:35	00:17:08	00:16:20	N	00:01:15
Des Thorpe		00:17:41		N/A	1st Run!	N/A
Mark Bowden		00:17:47	00:17:38	00:16:48	N	00:00:59
Paul Taylor		00:18:15	00:18:44	00:18:44	Y	00:00:29
Shaun Thompson		00:19:00		00:16:55	N	00:02:05
Bruce Whittam		00:19:20		N/A	1st Run!	N/A
Tanya Haynes		00:19:28		00:19:33	Y	00:00:05
Alice McLean		00:19:31		00:18:39	N	00:00:52
David Meredith		00:19:32		N/A	1st Run!	N/A
Carl Chambers		00:19:33	00:21:02	00:20:06	Y	00:00:33
Richard Saunders		00:20:06	00:20:11	00:19:57	N	00:00:09
Natalie Heginbotham		00:20:17		N/A	1st Run!	N/A
Jenny (new runner)		00:20:50		N/A	1st Run!	N/A
John Charles Heathcote		00:21:07	00:21:35	00:21:29	Y	00:00:22
Nicky Snook		00:21:24	00:21:54	00:20:47	N	00:00:37
Catherine Chapman		00:22:08		N/A	1st Run!	N/A
Christobel Heginbotham		00:23:17		00:22:08	N	00:01:09
Stuart Hutchison			00:16:34	00:16:08	N	00:00:26
Gaynor Keane			00:17:02	00:16:52	N	00:00:10
Natasha Goggin			00:19:11	00:19:31	Y	00:00:20

Mark Benson			00:21:48	N/A	1st Run!	N/A
Sarah Manton			DNF	00:21:47		N/A

Course Record Men	Colin Bishop	00:14:31
Course Record Women	Gaynor Keane	00:16:52